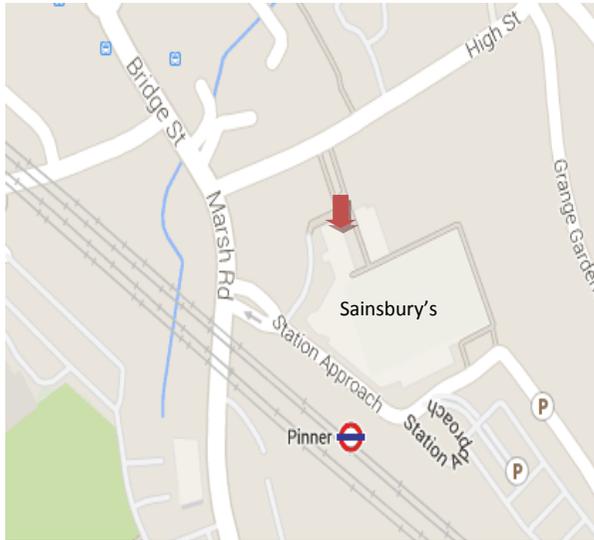


WHERE TO FIND US



OPENING HOURS

Mon. – Tue. – Wed. - Fri. 10 am to 6 pm

Thursday 10 am to 8 pm

Sat. 11 am – 4 pm

Workshops and courses evenings and Sundays

Spatium by Rafa-Nissi



Email: contact@spatiumclinic.co.uk

Spatium

Alternative & Complementary Medicine

**ACUPUNCTURE, ORIENTAL THERAPIES,
FACIAL ACUPUNCTURE AND MICRO NEEDLES
TECHNIQUE**

3 Barbers Walk, Pinner, HA5 5LU

0208 8687 937

www.spatiumclinic.co.uk

www.uk.chakrayog.com

email: spatiumacm@gmail.com



About Quyen Tran – (Acupuncture Therapist)



“As a fully qualified acupuncturist, I graduated from the International College of Oriental Medicine (ICOM), where I achieved a Bachelor of Science Degree in Oriental Medicine. I have been practicing for over 2 years in the UK. I am a registered Member of British Acupuncture Council (MBAcC).

The type of acupuncture that I practice is a classic style called **Stems and Branches**, which looks into a patient’s own constitutional strengths and weakness. By tailoring a treatment to suit the individual needs it treats the root cause of the condition rather than the symptoms, I also practice Micro Needle Therapy and facial acupuncture for facial rejuvenation, promoting Qi flow and improved collagen. This reduces fine lines and wrinkles to achieve a healthier looking skin. I grew up in Southern Vietnam, in Ho Chi Minh City where I was surrounded by Traditional Chinese Medicine. I also worked alongside Doctors at a Chinese hospital, near Shanghai in China and studied Tui Na at Asante where I was awarded a diploma degree”.

THERAPIES:

Acupuncture, Stem and Branches Acupuncture, Moxibustion, Cupping, Tui Na, Gua Sha, Facial and Cosmetic Acupuncture, Micro-Needle Therapy.

The main priorities of the therapies are to promote healing, gaining good health and maintaining a strong feeling of well-being. Whilst also increasing energy, improving facial tone and contributing to a more grounded, happier life.

The therapies can help a wide range of symptoms and situations including:

Anxiety and stress, Asthma and breathing problems, Arthritis, Backache, Neck pain, Stiff shoulders, Coughs and colds, Depression, Gastric concerns, Gynaecological disorders, Headaches and tension, Infertility, Insomnia, Menopausal symptoms, Musculoskeletal issues, Skin complaints, Tennis Elbow, Tinnitus, Weight loss, among others.

What is Moxibustion?

Moxibustion treats and prevents diseases by applying heat to points, meridians or certain locations on the human body.

For centuries, Moxibustion and acupuncture have been combined in clinical practice.

What is Cupping?

Cupping is an ancient and effective therapeutic approach, which involves attaching small glass or bamboo suction jars to the skin, which are held on by creating a vacuum. This eases local congestion, helps Qi flow and can reduce stiffness in muscles.

What is Tui Na?

Tui Na is a soothing acu-pressure massage. It uses a number of traditional hand movements to massage the soft tissue and some gentle manipulations to realign the flow of energy round the body.

What is Gua Sha?

Gua Sha is an ancient Chinese and Vietnamese treatment is a ‘scraping of the skin’, through repeated pressure strokes over a lubricated area using a smooth edge.

It is designed to stimulate the flow of Qi and blood and to stimulate healing.

PRICES:

Acupuncture Personalised Treatment @ £55 per 50 min treatment.

Quyen uses one or a combination of the above techniques, depending on what is best for you. She diagnoses the constitution and needs of each patient and formulates the best and most effective treatment.

Facial Acupuncture @ £80 per 90 minutes

Facial Acupuncture is a highly specialist type of acupuncture, using extra-fine, super-light cosmetic acupuncture needles. The purpose is to increase the flow of qi, to nourish skin, relax and improve muscle tone and improve circulation, with an aim of giving you a look and feel of youthfulness. Quyen is a member of Cosmetic Acupuncture UK. (Check www.cosmeticacupunctureuk.com).

Micro-Needle Facial Therapy @ £120 per 90 minutes which includes a cost of £40 for the precision micro-needle roller

This is a type of stimulating facial and cosmetic therapy that uses a specialist micro-needle roller to increase the flow of Qi and stimulate the growth of collagen, to improve the appearance of fine lines, frown lines, wrinkles and even scars. It is applied to the whole face in a precise manner and often concentrated on the wrinkles that form around the eyes and on the upper lip.